



COMBINED FIRST AID AT WORK & PAEDIATRIC FIRST AID – 3 DAYS

DESIGNED TO: This course is designed for delegates who work in settings that require both standard and paediatric first aiders and aims to combine the range of topics that each standalone course provides effectively over a three-day period. This course aims to give delegates a theoretical and practical knowledge of first aid techniques in adult, children and infants in a variety of situations.

OBJECTIVES: At the end of the course successful delegates will be able to demonstrate and explain the skills necessary to assess, diagnose and treat an ill or injured adult, children or infant. It also meets the First Aid requirements of OFSTED for Early Years Foundation Stage standards, the Pre-School Learning Alliance and the Department for Children, Schools and Families Surestart guidelines for Paediatric First Aid and complies with the requirements of the Health and Safety (First-Aid) Regulations 1981.

DURATION: 1 day online learning – at delegates own pace
2 days face to face practical techniques/assessment

VENUE: The venue for classroom-based learning is Phoenix Service Solutions, Cedar House, Airedale Business Centre, Lawkholme Lane, Keighley, BD21 3BB

COST: **£174.99 Per Delegate +VAT**

VALID FOR: 3 years from date of certificate

CERTIFIED BY: TICTA (The International Certification and Training Academy)

The course will be delivered using online tutorials, audio/visual aids, instructor demonstration and student practice. The course will lead up to a practical assessment with verbal questioning.

COURSE CONTENT:

1. INTRODUCTION

- The Definition of a First Aider
- The Aims of First Aid
- Rescuer Protection
- First Aid Kit
- Reporting Accidents

2. SAFETY AND CASUALTY CARE

- SAFE
- Life Cycle
- Chain of Survival

3. BASIC LIFE SUPPORT (BLS)

- Primary Care & Recovery Position
- Adult Cardiopulmonary Resuscitation (CPR)
- Child and Infant CPR
- Automated External Defibrillation (AED)
- Adult and Child Choking
- Infant Choking
- Types of Bleeding
- Bleeding Control
- Haemostatic Dressing Application
- Tourniquet Application
- Shock, Seizures and Epilepsy

4. MINOR INJURIES

- Small Cuts, Grazes and Bites
- Bruises, Small Splinters
- Nosebleeds, Burns and Scalds

5. MEDICAL FIRST AID

- Small Poisoning, Heart Attack
- Stroke, Asthma
- Allergic Reaction and Anaphylaxis
- Diabetes, Heat Exhaustion and Heatstroke
- Hypothermia, Febrile Seizures
- Sickle Cell Anaemia, Croup, Meningitis

6. INJURY FIRST AID

- Small Chest Injuries
- Suspected Spinal Injuries
- Electric Shock
- Head Injuries - Minor and Severe
- Eye Injuries
- Fractures and Dislocations
- Sprains and Strains
- Foreign Object in the Ear or Nose